

CONCRETE ATHLETICS SAFETY GUIDELINES

- USE PROPER TECHNIQUES TO THE BEST OF THEIR ABILITY, IN ALL DRILLS AND GAME ACTIVITIES.
- PAY ATTENTION TO ACTIVITIES IN YOUR AREA AS WELL AS OTHER AREAS, SO YOU DON'T GET INJURED BY ANYONE OR ANYTHING.
- CHECK PLAYING AREA AND NOTIFY ONE OF THE COACHES OF UNSAFE CONDITIONS.
- REPORT ANY INJURIES OR HEALTH CONCERNS TO ONE OF THE COACHES.
- CHECK ANY PERSONAL OR TEAM EQUIPMENT. IF REPAIRS ARE NEEDED, REPORT IT TO A COACH.
- WHEN ARRIVING AT OTHER SCHOOLS/ FACILITIES CHECK FOR UNSAFE CONDITIONS AND REPORT ANY TO A COACH.
- ALWAYS WEAR SAFETY EQUIPMENT AS IT IS INTENDED, AT ALL TIMES
- SIGN, AND HONOR, ATHLETIC CODE, AND EXPECTATIONS SHEET.

Student Athlete: _____
(Signature)