

**Written Summary of Restraint Use\***

**Student name:** \_\_\_\_\_

**Date of restraint:** \_\_\_\_\_ **Time began:** \_\_\_\_\_ **Time ended:** \_\_\_\_\_

**Nature of restraint** (describe type of physical restraint used): \_\_\_\_\_  
 \_\_\_\_\_

**Location of restraint:** \_\_\_\_\_

**Name(s) of staff member(s) administering restraint:** \_\_\_\_\_  
 \_\_\_\_\_

**Description of activity in which student was engaged immediately preceding the use of restraint:** \_\_\_\_\_  
 \_\_\_\_\_

**Student's behavior that prompted the restraint:**

- Imminent serious physical harm to themselves
- Imminent serious physical harm to others
- Imminent serious physical harm to themselves and others
- Imminent serious property destruction
- Imminent serious physical harm to themselves and imminent serious property destruction
- Imminent serious physical harm to others and imminent serious property destruction
- Imminent serious physical harm to themselves and others and imminent serious property destruction

Explain student behavior(s) that prompted physical restraint: \_\_\_\_\_  
 \_\_\_\_\_

**Efforts made to de-escalate the situation:**

- Provided choices       Verbal redirection       Calming techniques
- Reduced demands       Reduced verbal interaction       Other \_\_\_\_\_

Explain: \_\_\_\_\_  
 \_\_\_\_\_

**Alternatives to restraint that were attempted:**

- Removal of other students       Request for assistance       Other \_\_\_\_\_
- Voluntary removal of student to another location

Explain: \_\_\_\_\_  
 \_\_\_\_\_

**Observation of student at end of restraint:** \_\_\_\_\_  
 \_\_\_\_\_

\* Send to parent within one day from date of restraint

