

Written Summary of Restraint Use*

Student name: _____

Date of restraint: _____ **Time began:** _____ **Time ended:** _____

Nature of restraint (describe type of physical restraint used): _____

Location of restraint: _____

Name(s) of staff member(s) administering restraint: _____

Description of activity in which student was engaged immediately preceding the use of restraint: _____

Student's behavior that prompted the restraint:

- Imminent serious physical harm to themselves
- Imminent serious physical harm to others
- Imminent serious physical harm to themselves and others
- Imminent serious property destruction
- Imminent serious physical harm to themselves and imminent serious property destruction
- Imminent serious physical harm to others and imminent serious property destruction
- Imminent serious physical harm to themselves and others and imminent serious property destruction

Explain student behavior(s) that prompted physical restraint: _____

Efforts made to de-escalate the situation:

- Provided choices Verbal redirection Calming techniques
- Reduced demands Reduced verbal interaction Other _____

Explain: _____

Alternatives to restraint that were attempted:

- Removal of other students Request for assistance Other _____
- Voluntary removal of student to another location

Explain: _____

Observation of student at end of restraint: _____

* Send to parent within one day from date of restraint