

## **Health and Physical Education–Procedure**

### **Demonstrating Mastery /Proficiency in Knowledge of Health**

The district will manage the assessment process so that students seeking mastery-based credit can demonstrate mastery/proficiency in health. Mastery-based credit can be used either for awarding credit in place of a traditional course, or for credit recovery purposes. A student may receive a one-half (.5) health credit if the student meets standard on another approved state alternative that meets the graduation requirement.

Students may obtain identify amount of credit-typical credit ranges from (.5) to (1) credit health credit for passing a district-created assessment that is aligned to state learning standards. Students do not need to have attempted and failed a course before being eligible for these options:

- Locally created written or oral test;
- Written report by the student;
- Student-designed portfolio of work;
- Student presentation or oral defense of their learning in the course;
- Hands-on demonstration of knowledge and skills;
- A combination of assessment approaches, as defined by the district; or
- other locally developed methods.

Equivalency course of study: Students may receive credit for learning experiences outside of school that align to state learning standards, in accordance with Board Policy 2413 – Equivalency Credit Opportunities and WAC 392-410-300.

Successful completion of next higher-level course: Credit may be awarded for a course when the student successfully completes the next higher-level course in a sequence that includes a natural progression of the state learning standards from the previous course. State or locally determined learning standards will be used as the guide when making decisions regarding what courses should qualify.

Mastery-based credit is available in the following health courses listed in the current course catalog if the student achieves a C or higher grade in the next-higher level course.

### **Demonstrating Mastery/Proficiency in Physical Education Knowledge**

The district will manage the assessment process so that students seeking mastery-based credit can demonstrate mastery/proficiency in knowledge of physical education. Students may waive one-half credit (.5) of physical education per semester. Students who waive physical education credits pursuant to RCW 28A.230.050 must still demonstrate sufficient proficiency in health and physical education knowledge. Students may demonstrate sufficient proficiency as follows:

1. First Waiver (.5 PE credit) The student must meet proficiency/competency at 70% or higher in one of the following:
  - OSPI-developed fitness assessment: Concepts of Health and Fitness
  - District-approved fitness assessment (cognitive assessment on fitness education)
  - A student may obtain (.5) credit for passing a district created assessment that is aligned to state learning standards.

2. Second Waiver (.5 PE credit) The student must meet proficiency/competency at 70% or higher in one of the following:
  - OSPI-developed fitness assessment: Fitness Planning
  - District-approved fitness assessment (cognitive assessment on fitness education that is different than First Waiver)
  - A student may obtain (.5) credit for passing a district created assessment that is aligned to state learning standards.
  
3. Third Waiver (.5 PE credit)  
The student must meet proficiency/competency in one of the following:
  - District-approved fitness plan/portfolio at 80% or higher
  - District-approved fitness assessment (cognitive assessment on fitness education that is different than Second Waiver) at 70% or higher
  - A student may obtain (.5) credit for passing a district created assessment that is aligned to state learning standards.

The district collects and annually reviews disaggregated data to see which subgroups of students are receiving mastery-based credit. If disproportionality is found, the district takes appropriate actions to ensure equitable access to these crediting opportunities.

**Date: 04-30-20; 07-25-24;**