

# APRIL 2019

## CONCRETE SCHOOL DISTRICT MIDDLE & HIGH SCHOOL BREAKFAST MENU

### DAILY ENTRÉE CHOICES

Whole Grain Toast with Choice of Jelly and/or Sunbutter  
 Whole Grain Bagel with Choice of Jelly, Sunbutter and/or Cream Cheese  
 Banana Chocolate or Oatmeal Chocolate Breakfast Bar  
 Cereal + Graham Cracker, String Cheese or Yogurt  
 Blueberry Muffin + String Cheese or Yogurt  
 Pop Tarts

### DAILY BREAKFAST CART CHOICES

Whole Grain Bagel with Cream Cheese  
 Goldfish Graham with String Cheese or Yogurt  
 Cereal Bar with String Cheese or Yogurt  
 Whole Grain Muffin, Pop Tart or Whole Grain Breakfast Bar

### DAILY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>No School</b> Spring Break	2 <b>No School</b> Spring Break	3 <b>No School</b> Spring Break	4 <b>No School</b> Spring Break	5 <b>No School</b> Spring Break
8 Breakfast Pizza	9 Yogurt w/ Choice of Granola or Graham Cracker	10 Egg & Cheese Omelet Mini Bagel w/ Cream Cheese	11 Breakfast Sandwich	12 Breakfast Burrito
15 Breakfast Pizza	16 Yogurt w/ Choice of Granola or Graham Cracker	17 <b>2 Hour Late Start</b> No Breakfast	18 Breakfast Sandwich	19 Breakfast Burrito
22 Breakfast Pizza	23 Yogurt w/ Choice of Granola or Graham Cracker	24 French Toast Sticks	25 Breakfast Sandwich	26 Breakfast Burrito
29 Breakfast Pizza	30 Yogurt w/ Choice of Granola or Graham Cracker			

**\*OPEN DAILY\***

Check out the breakfast cart in the hallway  
for a quick grab and go option!



Your Choice of 100%  
Fruit Juice and/or Fruit  
and 1% or Nonfat  
Regular Milk offered  
daily to complete your  
breakfast meal!

### MEAL PRICES

**\*NEW\*** this school year -  
All students receive their  
first breakfast and lunch  
meals at no cost.

Second meals & a la carte  
purchase prices are below:

Student Breakfast-\$1.50

Student Lunch (7-12)-  
\$2.95

Milk (a la carte)-\$0.60

Adult Breakfast-\$2.25

Adult Lunch-\$4.00

This institution is an equal opportunity provider and employer. Menu subject to change without notice.  
Questions? Call the Food Services Director at (360) 853-4000.