

Flu Shots

The Concrete School District is committed to helping keep our students, parents and our community healthy throughout the entire flu season. That's why we have partnered with the Seattle Visiting Nurse Association to provide a **"flu shot clinic"** for our district.

Many people believe that seasonal influenza ("the flu") is much like the common cold and that it cannot be prevented. But, influenza is a serious and potentially dangerous disease. Each year students miss approximately 38 million school days due to the flu and each year parents miss more that 10 million workdays caring for their sick children.

According to the CDC (Centers for Disease Control and Prevention), the single best way to protect you and your family from influenza is to receive a "flu shot" each year. The CDC recommends that EVERYONE, over six months of age, should be vaccinated against the flu.

The Flu Shot Clinic will be held at the following central location within the district:

- **Concrete Elementary School – Thursday, October 23, 2014 from 3:00pm – 7:00pm**

The Clinic will be open to all Concrete School District children (four years of age and older) and their families. Please note that students under the age of 18 will need a Patient Consent Form signed by a parent or guardian. Patient Consent Forms will be available at the clinic site or you can find them below in PDF form.

All participants will be asked to provide their health insurance information (card) to receive an immunization. SVNA will electronically bill the insurance plan for your flu shot. They bill all insurance plans including Apple Health (Washington State Medicaid) plans. Flu shots are considered preventative care and are not subject to deductibles or co-pays. **This means no out-of-pocket expense for participants.**

Please join us this year as we keep our schools, families and communities healthy and flu free this season!